

**THE ADITYA BIRLA PUBLIC SCHOOL (2025-2026)**  
**Class Name - VII B    Shift - Morning4**

	Period - 1	Period - 2	Period - 3	Period - 4	Period - 5	Period - 6	Period - 7	Period - 8
	7:45 AM - 8:25 AM	8:25 AM - 9:05 AM	9:05 AM - 9:40 AM	9:40 AM - 10:15 AM	10:40 AM - 11:20 AM	11:20 AM - 11:55 AM	11:55 AM - 12:30 PM	12:30 PM - 1:15 AM
Monday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>LIBRARY</b> BISHWAJEET CHOWDHURI	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>PHYSICS</b> SANJAY KUMAR	<b>BIOLOGY</b> AKHILESH KUMAR	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>HISTORY/ CIVICS</b> RAJIMOL VARGHES	<b>ART &amp; CRAFT</b> ROOPMA SINHA
Tuesday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>PHYSICS</b> SANJAY KUMAR	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>HISTORY/ CIVICS</b> RAJIMOL VARGHES	<b>MUSIC VI</b> SAJAN KUMAR	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>COMPUTER SCIENCE</b> SANDEEP KUMAR MISHRA	<b>V.ED/H.ED./LS</b> NEW ENGLISH TEACHER
Wednesday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>PHYSICS</b> SANJAY KUMAR	<b>BIOLOGY</b> AKHILESH KUMAR	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>SANSKRIT</b> VIJAY KUMAR	<b>GAMES</b> MAYA  <b>GAMES</b> UMESH PRASAD SINGH
Thursday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>GEOGRAPHY</b> PUNAM CHOUBEY	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>CHEMISTRY</b> AKHILESH KUMAR	<b>SANSKRIT</b> VIJAY KUMAR	<b>COMPUTER SCIENCE</b> SANDEEP KUMAR MISHRA	<b>MINDS MATTER</b> RAJIMOL VARGHES
Friday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>COMPUTER SCIENCE</b> SANDEEP KUMAR MISHRA	<b>CHEMISTRY</b> AKHILESH KUMAR	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>GEOGRAPHY</b> PUNAM CHOUBEY	<b>HISTORY/ CIVICS</b> RAJIMOL VARGHES
Saturday	<b>ENGLISH</b> NEW ENGLISH TEACHER	<b>CCA</b> NEW ENGLISH TEACHER	<b>CCA CUM CACA</b> NEW ENGLISH TEACHER	<b>MATHEMATICS</b> NEW MATHS TEACCHER	<b>CHEMISTRY</b> AKHILESH KUMAR	<b>HINDI</b> AWNEESH KUMAR TIWARI	<b>HISTORY/ CIVICS</b> RAJIMOL VARGHES	<b>GENERAL KNOWLEDGE</b> NEW ENGLISH TEACHER